

LESSON PLAN CONTENT BASED LEARNING

Teacher's name: Paula Stefani Padilla Ramos

Institution's name: ASE Foundation

Topic: Daily Routines (plus alphabet & numbers review)

Date: Sep 09, 2025

1. Objectives

Learning outcome:

By the end of the lesson, students will be able to recognize numbers and the alphabet, use basic daily routine vocabulary, share simple activities orally, and create a routine chart.

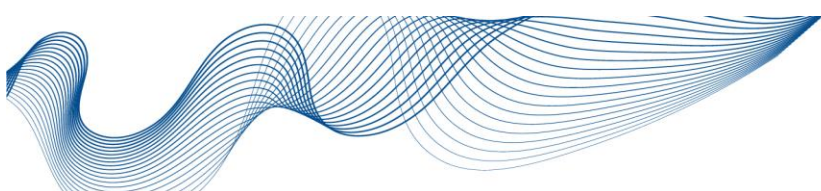
2. Activities (Describe in detail the activities you do during the content-based class)

Pre-teach vocabulary: 20 min

- Review the alphabet and numbers 1–20 using a short chant and flashcards. This activity helps students recall basic elements and gain confidence in pronunciation. Resource: [Políglota – Numbers in English](#).
- Introduce 8–10 daily routine words (e.g., *wake up*, *eat breakfast*, *cook*, *work*, *sleep*) with pictures and gestures. The visuals will support comprehension and memory. Resource: [Pinterest – Daily Routines Pictures](#).

Introduce the topic: 20 min (use real world examples connected with the content)

- Show pictures and a short TikTok video of daily activities to grab attention and provide a real-life connection. Resource: [TikTok – Daily Activities](#).
- Ask students to first describe in Spanish, then provide the English equivalents to build confidence.
- Connect the examples to their own lives by linking routines at work, home, or memory practice.



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Provide input: 25 min (use images, videos, Reading activities encourage students to take notes and take examples)

- Use a matching activity where students connect images with words to reinforce recognition. Resource: [Pinterest – Daily Routines Matching](#).
- Show a short video of daily routines to give context and authentic input. Resource: [YouTube – Daily Planner](#).
- Guide students with short notes and teacher modeling, encouraging them to repeat words together for pronunciation practice.

Comprehension checks: 10 min (answer questions and class discussions about the content)

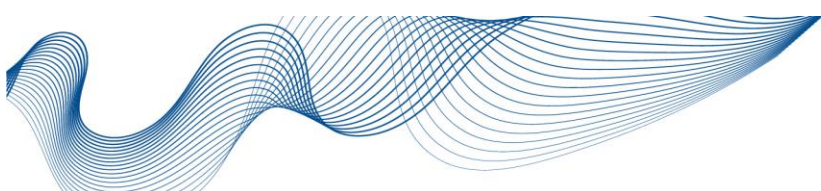
- Teacher asks simple questions using visuals, for example: “*What is she doing?*” (pointing at a picture).
- Students respond with one-word answers or short phrases, with teacher support.
- Encourage quick class discussions to confirm understanding and connect to their real lives.

Language focus: 15 min (Highlight important language structures and vocabulary in the context of the content. Provide examples and encourage students to use the language in their speaking and writing)

- Highlight key daily routine words and write simple sample sentences on the board.
- Model pronunciation and intonation, then have students repeat together and individually.
- Encourage them to use the words in short examples (“*I wake up*”, “*I eat breakfast*”).

Practice: 45 min (provide opportunities to students to practice the language in context in writing or speaking activities)

- Students write simple statements to create their personal routine (“*I wake up. I cook. I sleep.*”).
- Work collaboratively to build a “family routine” chart using flashcards, combining activities from both students.



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Assessment and feedback: 10 min

- The teacher observes participation during games, poster creation, and oral sharing to check comprehension.
- Quick checks: Can students say at least 2–3 routine words and sentences with support? Can they recall numbers or letters in activities?
- Feedback is positive and encouraging: praise effort first (“*Good job, very clear*”), model correct language instead of giving long explanations, and highlight teamwork.

3. Material or resources (Describe the material you will use)

- Whiteboard and markers.
- Internet connection and computer/speakers.
- Printed flashcards and guides (alphabet, numbers, daily routines):

Pinterest. (n.d.). *Daily routines pictures*. Pinterest. <https://pin.it/i/4SbOAvRX8/>

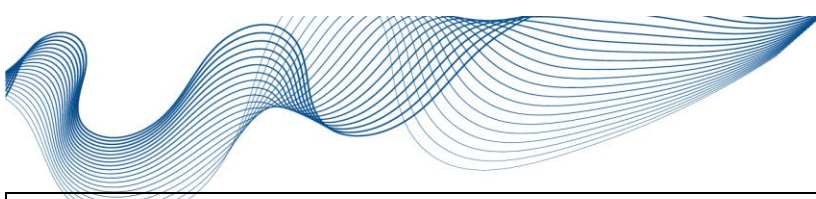
Pinterest. (n.d.). *Routine matching images*. Pinterest. <https://pin.it/i/2fiDYIBzT/>

Políglota. (2021, diciembre 13). *Vocabulario: Los números en inglés y cómo escribirlos*.

Políglota. <https://www.poliglota.org/post/vocabulario-los-numeros-en-ingles-y-como-escribirlos>

Simple Planner. (2021, mayo 7). *Daily planner video* [Video]. YouTube.

<https://www.youtube.com/watch?v=kePBvNotYy4>



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TikTok. (n.d.). *Daily routines video* [Video]. TikTok.

https://www.tiktok.com/@inglescon_copito/video/7509673086984211718?is_from_webapp=1&sender_device=pc&web_id=7547891676191999544

Extra Material to check as an example of How to plan a lesson using “Content based learning”:

<https://www.youtube.com/watch?v=XMkHCEU1Fwg>
(Demo class – content based learning – step by step)

<https://www.youtube.com/watch?v=5SpVS6zGYCc> (Demo class – content-based learning)

<https://www.youtube.com/watch?v=z0XaS9OD1GY> (Demo class – content-based learning)